

# EXPLORING™

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## DISCOVER YOUR FUTURE

### Exploring Programs for Students Ages 14-20

Exploring provides exciting activities and one-on-one mentorship for youth looking to discover their future. Whether you're a local organization looking to strengthen the community or a young person wanting to uncover the possibilities of your future, Exploring is a great place to start.

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### Check Out Upcoming Fall Programs It's not too late to register!



#### Creighton Exercise Science Program

The Creighton University Department of Exercise Science and Pre-Health Professions will provide the opportunity for you to explore intersections between exercise science and a variety of healthcare careers. Topics that will most likely be covered include: Physical Therapy Virtual Reality Labs, Biomechanics Lab (the study of human motion), Human Anatomy Labs, Exercise Testing, and Panel Interviews with current Healthcare Practitioners and Undergraduate Students in Pre-Professional tracks.

#### WHEN

September 4th, 2019  
6:00 pm - 7:15 pm



#### Erickson & Sederstrom Law Program

If you are interested in learning about what attorneys do, what it is like to be an attorney, and the judicial process in general, we can help! This introduction will help familiarize you with different areas of practice including the civil, criminal, and juvenile court systems. We will also introduce you to the Sarpy County Teen Court program, and teach you skills required to participate in Sarpy County Teen Court.

#### WHEN

September 5th, 2019

4:30 pm - 5:30 pm

Register Now!



### **DLR Program**

DLR Group is a full service integrated design firm. The architects, mechanical, electrical, civil, and structural engineers and interior designers work side by side to elevate the human experience through design. Join the experts to explore each discipline and tour local projects that reveal DLR Group's innovative design solutions

#### **WHEN**

September 10th, 2019  
6:00 pm - 7:00 pm

Register Now!



### **HDR Program**

Interested in an architecture and engineering career?! Come join the professionals of HDR. They specialize in engineering, architecture, environmental and construction services. A tentative schedule for this program is attached.

#### **WHEN**

September 11th, 2019  
6:30 pm - 8:00 pm

Register Now!



### **Creighton Dental Program**

Interested in dentistry or dental hygiene? We invite you to join this year's Exploring Program in Dentistry. Program sessions will be a tour of the facility, lecture and discussion including exclusive insight into the different paths Dentistry can take you.

#### **WHEN**

September 16th, 2019  
6:30 pm - 8:00 pm

Register Now!

### **Leo A Daly Program**

Leo A. Daly is an internationally recognized architecture, planning, engineering, and interior design firm. You will work side-by-side with architectural and engineering professionals on real projects. Join the professionals at Leo



A. Daly to learn about architecture, engineering, planning and interior design. During our meetings we will provide career information as well as conduct building tours.

**WHEN**

September 19th, 2019  
6:00 pm - 7:00 pm

Register Now!



**Culinary Arts Program**

Do you enjoy cooking, baking, or just eating food? Want to learn how to compost and start seeds? Then the Metro Community College Institute for the Culinary Arts and City Sprouts would like to invite you to their Explorer Program! You will learn about baking and cooking some of your favorite dishes as well as what it takes to be your own urban gardener. The program will start at City Sprouts for one evening and then the following 3 weeks will be held at Metro Community College Institute for the Culinary Arts. For questions, please contact Stephen Bell at [spbell1@mccneb.edu](mailto:spbell1@mccneb.edu)

**WHEN**

September 20th, 2019  
6:00 pm - 7:30 pm

Register Now!

**Stay tuned for more programs coming soon!!**

Omaha Exploring | 402-431-9272 | [Chelsea.clifton@scouting.org](mailto:Chelsea.clifton@scouting.org) | [www.omahaexploring.org](http://www.omahaexploring.org)

**STAY CONNECTED**

